

Be One, Get One: Importance of Mentoring

Dana Cabbell, P.E. – Southern California Edison
Dana.Cabbell@sce.com

April 9, 2022

Dana Cabbell

Opportunities thru internships

Develop technical & workplace
social skills

Experience different business
settings

Determine fields/environments
that you thrive in

Create relationships and
contacts for future jobs

Growth Takes Place Outside Your Comfort Zone – A Mentor Empowers a

Lesia Bilitchenko

EDUCATION

Cal Poly, Pomona
and University of La Verne

Opportunities thru internships

- Develop technical & workplace social skills
- Experience different business settings
- Determine fields/environments that you thrive in
- Create relationships and contacts for future jobs

Jet Propulsion Laboratory
and UC Berkeley

Southern California Edison

Growth Takes Place Outside Your Comfort Zone – A Mentor Empowers a Person to Step beyond their Comfort Zone

Multiple Steps & Paths to Success

Belinda Vivas



EDUCATION
Bachelor of Science
Electrical Engineering

California State University,
Long Beach

Opportunities thru internships

Develop technical & workplace
social skills
Experience different business
settings
Determine fields/environments
that you thrive in
Create relationships and
contacts for future jobs



INTERNSHIPS

Lighting and Lightning
Substation Design
Electrical Drafter
TA in CSULB

Altran Solutions, USA
Ocean Technology Systems
CSULB



WORK EXPERIENCE

ICA Engineer
Project Lead Engineer

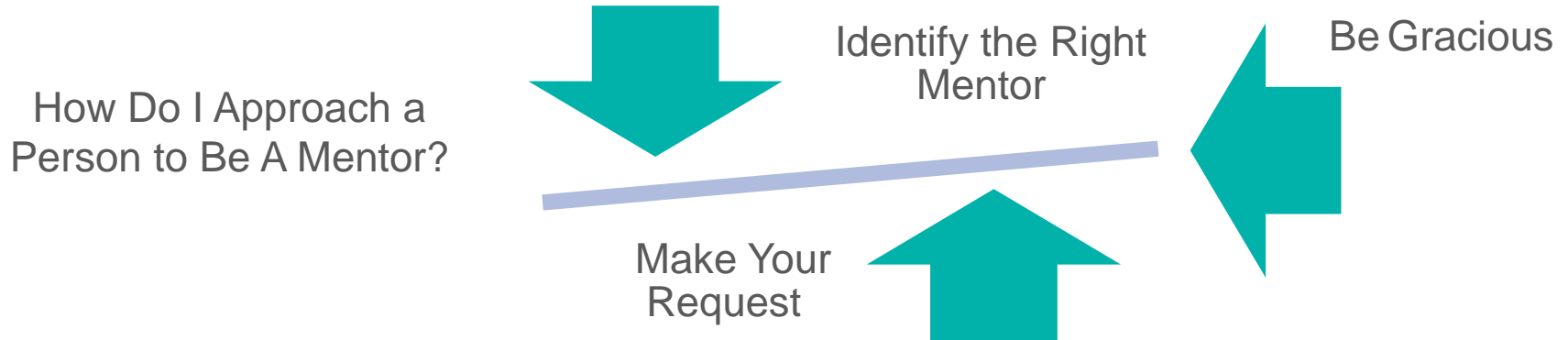
Southern California Edison

Growth Takes Place Outside Your Comfort Zone – A Mentor Empowers a
Person to Step beyond their Comfort Zone

The Importance of Mentoring

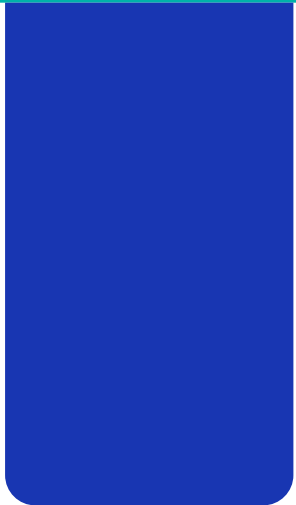
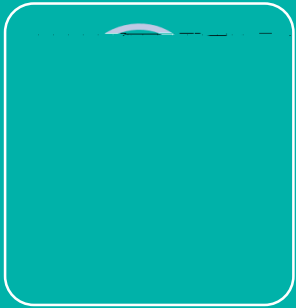


Mentorship - how to get started?



The delicate balance of mentoring someone is not creating them in your own image but giving them the opportunity to create themselves.” *Steven Spielberg*

Tips to Build An Amazing Mentorship





Mentoring Activity: Mentor Qualities

From list below – Using SWOT Analysis, take 5 minutes to pick 1 or 2 qualities in a mentor that you need the most, writing down why this is important to you.
We will share with large group for 5 minutes

Consultant:

Actively seek to understand mentee by listening attentively and seeking clarification

Coaches and encourages mentee to define and attain achievable goals

Suggests all options and ideas to make the best decision

Counselor:

Ask “tough” questions, clarify mentee picture of success

Active listening for the subtext; asks clarifying questions

Give clear and concise advice

Cheerleader:

High-energy enthusiasm for academic, personal or professional success

Inspire mentee to achieve goals

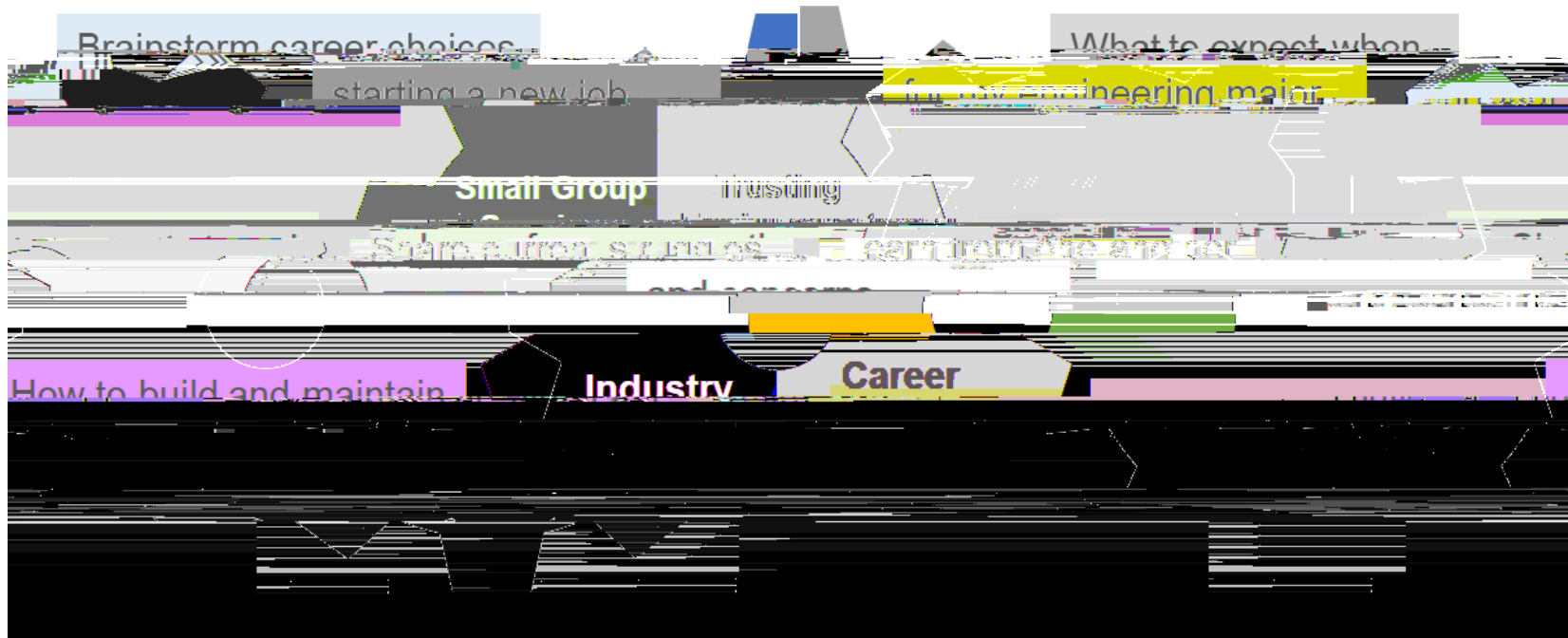
Relate mentee success to the pursuit of mentor goals and what that success looked like

Resources: Help to Identify Your Strengths

- <https://www.gallup.com/strengths/assessment>
- <https://www.redbull.com/int-en/wingfinder>
- <https://viacharacter.org/>
- <https://www.marcusbuckingham.com/>

"Stick to your true north — build greatness for the long term."
Ruth Porat, CEO Alphabet.

What do you need from 100+ Women Strong?



"The journey of a thousand miles begins with one step."
Take a step today!

Lao Tzu

Make a Connection Today

Introduce yourself & exchange information, ask questions.

Connect with speakers on Whova App

Powerful Information

Review all CC Slide Decks:

<https://www.csulb.edu/college-of-engineering/coaching-circles-0>

Create a Journal

Write down lessons learned, goals, next steps & timeline.

Grow & maintain your network

Post Event Survey

We want your feedback.

Survey on Whova App

Attend our next event--watch this space:

<https://www.csulb.edu/college-of-engineering/100-women>

dana.cabbell@sce.com

Dana Cabbell	Southern California Edison	Director, Integrated System Planning	(2) Dana Cabbell LinkedIn
Lesia Bilitchenko	Southern California Edison	Engineering Manager, System Planning	(2) Lesia Bilitchenko, MBA, PMP, Data Science LinkedIn
Belinda Vivas	Southern California Edison	Engineer,	(2) Belinda Vivas LinkedIn